



PE/Health – Week 9 (Oct. 26 - 30)

TEACHER

Hughes

GRADE

6-7

	Monday	Tuesday	Wednesday	Thursday	Friday
OBJECTIVE(S) (WHAT DO I WANT STUDENTS TO KNOW/)	Test – Health, Fitness and Wellness	Fitness Day Push Ups, Sit Ups, Pull Ups, Aerobic, 800 Testing	Fitness Day Push Ups, Sit Ups, Pull Ups, Aerobic, 800 Testing	No Class – Parent Teacher Conferences	No School
INSTRUCTIONAL METHODS (HOW AM I GOING TO INSTRUCT/)					
ASSESSMENT HOW WILL I ASSESS LEARNING	Graded Test	Recorded reps	Recorded reps		
CLOSURE					